

Adrian Marsh School of Dance

IDTA

Adrian & Sara Marsh



Adrian and Sara will teach you how to dance in a relaxed fun environment. We will get you dancing around the floor, or to a whole track. Plus, ensuring you get the most out of dancing for social, exercise and to learn a new skill or just to do something together as a couple.



Dance class timetable
information booklet

Teaching adult dance classes in
Ballroom, Latin, Sequence,
Line Dancing and 50s Jive Rock n Roll

Weekly Classes and Monthly Social Events

**Teaching Every week from
Monday 15th January 2024**

Except Bank Holidays and the odd holiday!!

info@adrianmarshschoolofdance.com

www.adrianmarshschoolofdance.com

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Adrian Marsh School of Dance

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What's on Mon 15th Jan start of Term Winter Term

New Term starts from Monday 15th January 2024

Monthly Events

Friday mornings, Saturday Evenings & Sunday Tea 'Cake Dances'

15 th January	Back DancingWe are open.. Happy New Year.
Thursday 25 th January	'Just Jive' Social night and open day. Longueville Hall, from 8:30pm
Friday 9 th February	Line Dance Social for all abilities at Wing Village Hall, LU7 ONN. 11:00am—1:00pm Bring your own nibbles
Sunday 11 th February	Morning Lesson & Afternoon Tea, Cake, Dance Wing Village Hall, Class 10:45am, Midday till 3:00pm
Friday 16 th Feb	New Line Dance class 11:00am Sequence Dance Class Midday Wing Village Hall
Saturday 24 th February	Saturday Evening Social Dance at Lovat Hall Sequence, Ballroom and Latin 7pm— 10:45pm
Friday 15 th March	Line Dance Social for all abilities at Wing Village Hall, LU7 ONN. 11:00am—1:00pm Bring your own nibbles
Saturday 16 th March	Saturday Evening Social Dance at Lovat Hall Sequence, Ballroom and Latin 7pm— 10:45pm
Sunday 17 th March	Morning Lesson & Afternoon Tea, Cake, Dance Wing Village Hall, Class 10:45am, Midday till 3:00pm
Friday 12 th April	Line Dance Social for all abilities at Wing Village Hall, LU7 ONN. 11:00am—1:00pm Bring your own nibbles
Sunday 14 th April	Morning Lesson & Afternoon Tea, Cake, Dance Wing Village Hall, Class 10:45am, Midday till 3:00pm
Saturday 27 th April	Saturday Evening Social Dance at Lovat Hall Sequence, Ballroom and Latin 7pm— 10:45pm
Saturday 25 th May	Live Music From Richard Keeling at Lovat Hall Sequence, Ballroom and Latin 7pm— 10:45pm

All you need to do is turn up!

Absolute Beginners

Ballroom and Latin

starts 15th January **Mondays 7:35pm**

Kents Hill Park Primary School, Milton Keynes, MK7 6BZ

50's Jive Rock n Roll

starts 1st February **Thursdays 8:30pm**

Longueville Hall, Newton Longville, Milton Keynes, MK17 0AT

Line Dance

starts 16th February **Fridays 11:00am**

Wing Village Hall, Leighton Buzzard, LU7 0NN.

Sequence

starts 16th February **Fridays 12:00**

Wing Village Hall, Leighton Buzzard, LU7 0NN.

Private Lessons

Mondays 8:40pm

Kents Hill Park Primary School, Milton Keynes, MK7 6BZ

Contact for information.

Line Dance

**Join a Class, reach your
10,000 steps per day goal.**



We teach line dancing in the **mornings**.

It is a great way to keep fit, in just one line dance class you can dance up to 6,000 steps.

Plus you don't need a partner.

You will enjoy the music, its not all country music! We use pop, Latin, Irish and country tracks. It keeps the brain active and your body moving!

**Join our new class, 2024... ★
Fridays at 11:00_{am} Wing Village Hall**

**All you need to do us turn up and pay cash on arrival
£7.00 per person**

Social Fridays

We will have a line dance social
at Wing Village Hall

Friday's 11:00_{am}—1:00_{pm}

Once a Month

£7.00 per person.



A line dance social where we can mingle, chat and dance. Tea/coffee refreshments will be available all afternoon but please do bring any nibbles with you.

Dance the dances you have been learning in class.

email Sara for more information

info@adrianmarshschoolofdance.com

Longueville Hall, Whaddon Road, Newton Longville, Milton Keynes, MK17 0AT	Monday Morning
Intermediate/Adv Line Dance	9:45 _{am} - 10:45 _{am}
Improvers Line Dance	11:00 _{am} —12:00
Beginner Line Dance	12:15 - 1:15 _{pm}
Wing Village Hall, Leighton Road, Wing, Leighton Buzzard, Beds, LU7 0NN	Tuesday Morning
Intermediates Line Dance	9:45 _{am} - 10:45 _{am}
Beginner/Improver Line Dance	11:00 _{am} —12:00
New Beginners	12:15 - 1:15 _{pm}
Longueville Hall, Whaddon Road, Newton Longville, Milton Keynes, MK17 0AT	Thursday Morning
Improvers Line Dance	9:45 _{am} - 10:45 _{am}
Intermediates Line Dance	11:00 _{am} —12:00
Beginner/Improver Line Dance	12:15 - 1:15 _{pm}
Wing Village Hall, Leighton Road, Wing, Leighton Buzzard, Beds, LU7 0NN	Friday Morning
★ New 16th Feb Absolute Beginners	11:00 _{am} —12:00
Line Dance Social 9 th Feb 15 th Mar 12 th Apr 10 th May 7 th June	11:00 _{am} — 1:00 _{pm}

2024

Evening Class Timetable

Sunday	Wing Village Hall, Leighton Buzzard, LU7 0NN
Sunday Once a Month 11 th Feb, 17 th Mar, 14 th April, 12 th May, 9 th June.	10:45am One hour class Dance Lesson Absolute Beginners, Learn to dance
Monday	Kents Hill Park Primary School, Milton Keynes, MK7 6BZ
6:30pm—7:30pm	Sequence Dancing
7:30pm—8:30pm	Ballroom & Latin New Absolute Beginners 15 th Jan 2024
8:30pm—9:30pm	Private Lesson availability
Tuesday	Longueville Hall, Newton Longville, MK17 0AT
7:30pm—8:30pm	Ballroom and Latin Intermediates
8:30pm—9:30pm	Dance Workshops ‘Specials’
Teaching every week from — Monday 15 th January 2024	

Wednesday	Wing Village Hall, Leighton Buzzard, LU7 0NN
6:30pm—7:30pm	Ballroom & Latin Beg/Improver
7:35pm—8:35pm	Ballroom & Latin Intermediates
8:40pm—9:40pm	Ballroom & Latin Absolute Beginners
Thursday	Longueville Hall, Newton Longville,
6:30pm—7:30pm	Ballroom & Latin Improvers
7:30pm—8:30pm	50’s Jive Rock and Roll
8:30pm—9:30pm	50’s Jive Rock & Roll New Absolute Beginners 1 st Feb 2024
Friday	Wing Village Hall, Leighton Buzzard, LU7 0NN
Midday— 1:30pm 16 th , 23 rd Feb. 1 st , 8 th , 22 nd March.	Sequence Workshops New to 2024 with Tea break Absolute Beginners
Events	
Last Saturday of the Month (except Jan, July & Aug)	Social Dance at Lovat Hall 7:00pm—10:45pm 50/50 Sequence, Ballroom & Latin
Sunday’s Once a month	Dance & Class for all styles of dance Midday till 3:00pm Wing Village Hall Plus, an hour class before at 10:45am

Teaching Every Week, from 15th January 2024
Join in, all you need to do is turn up

Monday

Kents Hill Park Primary
School, Timbold Drive,
Milton Keynes, MK7 6BZ



6:30_{pm} Sequence Dancing

7:35_{pm} Ballroom & Latin Absolute Beginners
starts 15th January 2024

Tuesday

Longueville Hall,
Newton Longville,
Milton Keynes MK17 OAT



7:30_{pm} Intermediates Ballroom & Latin

8:30_{pm} Dance Workshops 'Specials'

Drop in class, you don't have to commit to a weekly class.
2 week blocks of a style of dance,

Timetable of styles

Paso —16th & 23rd January

Samba & Ballroom Jive —30th Jan & 6th Feb

Viennese Waltz—13th & 20th Feb

Slow Foxtrot—27th Feb & 5th March

American Smooth—12th & 19th March

Wednesday

Wing Village Hall,
Leighton Buzzard, LU7 0NN



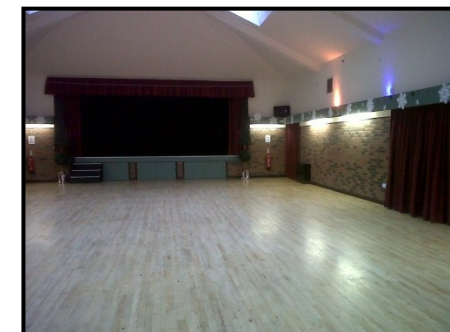
6:30_{pm} Beginner/Improvers Ballroom & Latin

7:35_{pm} Intermediates Sequence, Ballroom & Latin

8:40_{pm} Ballroom & Latin Absolute Beginners

Thursday

Longueville Hall,
Newton Longville,
Milton Keynes MK17 OAT



6:30_{pm} Improvers Ballroom &
Latin

7:30_{pm} Improvers 50's Jive Rock and Roll

8:30_{pm} Absolute Beginners starts 1st Febuary

50s Jive Rock n Roll

Friday

New 16th February 2024

Wing Village Hall,
Leighton Buzzard, LU7 0NN

11:00_{am} Line Dance Absolute Beginners & Social

12:00—1:30_{pm} Sequence Workshop

Friday Mornings

Line Dance Social

at Wing Village Hall for all abilities

2024 Friday's 11am—1pm

9th Feb 15th Mar 12th Apr 10th May 7th June

13th Sept, 11th Oct, 8th Nov

It will be a line dance social where we can all mingle, chat and dance. Tea/coffee refreshments will be available but please do bring any nibbles with you. It has a social feel, no teaching, dance the dances you have been learning in class.

Sequence Dance Workshop

New Absolute Beginners

starts midday till 1:30pm

Where? at Wing Village Hall, LU7 0NN

When? 16th Feb, 23rd Feb, 1st March, 8th March 22nd March

Learn all the popular modern sequences dances that you see at our functions.

**What to start Sequence Dancing.....this is
your opportunity.**

Social Dance The hall will be full of the sounds of the big band. We will take you back to a time when one dressed up in their finest and went out to enjoy yourselves.

The dance floor will be open to all and for all styles.

Saturday Nights

24th Feb, 16th March, 27th April,

25th May with Richard Keeling

29th June, 28th Sept, 26th Oct with Paul Hadley

30th Nov, 21st Dec 2024!

Lovat Hall, Baptist Church, Silver Street, Newport Pagnell, MK16 0EJ. Bring our own drink & nibbles,

Doors open 7:00pm till 10:45pm,

A Weekend Dance Class, at Wing Village Hall

Sunday Mornings

New Absolute Beginners starts 10:45am

Where? at Wing Village Hall, LU7 0NN

When? 11th Feb, 17th Mar, 14th April, 12th May, 9th June.

Followed by a Sunday Afternoon Tea Dance

Afternoon Tea Dance

starts Midday— 3:00pm

An afternoon to use your dancing skills, socialise with other dancers and to eat CAKE!! Open to All. Plus, refreshments and homemade cakes served

Venue Address

Venue	Address
Wing Village Hall	Main A418, 72 Leighton Road, Wing, LU7 0NN
Longueville Hall	Hammond Park, Whaddon Road, Newton Longville, MK17 0AT
Kents Hill Park Primary School	Timbold Drive, Kents Hill Park, Milton Keynes, MK7 6BZ
Lovat Hall, Newport Pagnell	Baptist Church, Silver Street, Newport Pagnell, MK16 0EJ

Term Dates

We are teaching every week,

15th January — Winter Term

2nd April — Spring Term

There are many new and existing classes in the new term. Plus, new beginners classes which are aimed at people whom would not class themselves as “Absolute Beginners”. If you would like to start dancing again or unsure which class is for you please call or email for a chat; info@adrianmarshschoolofdance.com

Holidays no dancing on bank holidays

A week off during Easter, 26th March 2024,

One week Summer Holiday, 24th June 2024

Random days off, No Dancing on:

Wing Village Hall is closed: 13th Feb, 12th August for two weeks

Longueville Hall is closed:

Prices

Adult Morning line dance class	£7.00 per person For regular weekly class	A discounted term fee is available at the start of term
Adult Ball-room, Latin or Jive class	£10 per person For regular weekly class	A discounted term fee is available at the start of term
Lovat Hall Social Dance	£9 per person paid on arrival	
Tea Dance	£12.50 per person paid on arrival	Includes refreshments
Special Functions	£12.50 per person Tickets Only	
All classes listed are to be paid for on arrival or term fee in advance		

Any unwanted items? Donations gratefully received. All the prizes are supplied through your kind donations of unwanted gifts etc. We need your donations for the raffles held at our dances.

All money raised goes to a different charity each time. So any suggestions on which should be our next charity, greatly received.

Facebook Keep up to date with classes, events

visit: www.adrianmarshschoolofdance.com

We're also on Facebook Join our Group-Friends of Adrian Marsh School of Dance. Upload, chat and keep up to date! send Ade & I your pictures, videos and contact details email:

info@adrianmarshschoolofdance.com

Teaching and Dancing in group classes.

Adrian and I look forward to teaching you, in class
and at our functions.

Dancing is a close contact sport!

So that we can follow the guidance on good hygiene habits I please
ask the following from you before and whilst attending;

Theses behaviours are encouraged to prevent the spread of all viruses
and so that we have a pleasant time:

- **Please do not attend a class if you do feel unwell even with the first signs of a “cold”.**
- **Let fresh air in** , be in a room with fresh air. The windows and doors will be open to allow good ventilation and avoid contact with door handles, for this reason **please wear layers** of clothing that you can put on and take off.
- **Freshen up**, after work have a ‘freshen up’, wash away the smells of the day before attending class.
- Be mindful of another persons personal space.
- Do not put or leave anything on the dance floor. “Slips, trips & falls”. This includes talc. Keep the dance floor clean.
- **Wash your hands** with soap and water or use hand sanitiser regularly throughout the day. Hand sanitiser will be available before, during and after class, we ask you to please use.
- **Limiting** the number of people each person has **contact** with. Adrian and I will not ask you to change dance partners but you’re welcome to if you wish.



Dance Survival Kit

Remember to bring these key items with you to class!!
Dancing is a close contact and very personal sport so
we all need to be considerate of others.

1. Towel & Change of Polo Shirt
2. Deodorant and/or antiperspirant
3. Footwear should be able to swivel on a wooden floor. (no trainers, ideal dance shoes with suede sole)
4. Money for a drink
5. Never walk across the dance floor, always around