

We will teach you how to dance in a relaxed fun environment. We will get you dancing around the floor, or to a whole track. Plus, ensuring you get the most out of dancing for social, exercise and to learn a new skill or just to do something together as a couple.



Adrian Marsh School of Dance

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IDTA

**Sept - Dec
2019**

Adrian Marsh School of Dance

Dance class timetable and information booklet

Teaching adult dance classes

Workshops, tea dances and events

Winter Term

From Tuesday 10th September 2019 - Friday 20th December 2019

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What's On



Club Nights: Open to all

a social night. It is your chance to dance and enjoy yourselves over three hours instead of just one hour. £7 per person

Thursday 31st October "Halloween!!"

Thursday 28th November

at Longueville Hall, Newton Longville, Milton Keynes, MK17 0AT

Doors open 7:30pm till 10:30pm

Line Dance Party

at Longueville Hall, Newton Longville, MK17 0AT.

Thursday 12th December 2019

Thursday 19th December 2019

10:00am till 12:30am £8.00 per person.

Everyone is welcome it's an open invitation, All levels and abilities welcome, I will be playing all the line dances we know from the Absolute Beginner dances to Intermediate dances.

Christmas Party

It is your chance to dance and enjoy yourselves and celebrate the season. Friday 20th December

at Longueville Hall, MK17 0AT Doors open 7:30pm till late

Rock N Roll Live Band Night & Clubs

Every last Saturday of the Month, "Bedrock Club", Royal British Legion Club, Thrift Road, Heath & Reach,

Every first Friday of the Month, "Cadillac Club", Stewartby Working Men's club, Beds MK43 9NB

More on: www.rnrgigguide.com

Prices

Adult Morning line £5.50 pp
dance class For one class

Adult Evening line £6.00 pp
dance class For one class

All classes listed above are paid on arrival

Any unwanted items?

Donations will be gratefully received.

All the prizes are supplied through your kind donations of unwanted gifts etc. We need your donations for the raffles held at our dances. All money raised goes to a different charity each time. So any suggestions on which should be our next charity, greatly received.

Dance Survival Kit

Remember to bring these key items with you to class!! Dancing is a close contact and very personal sport so we all need to be considerate of others.

1. Towel & Change of Polo Shirt
2. Deodorant and/or antiperspirant
3. Footwear should be able to swivel on a wooden floor. (no trainers, ideal dance shoes with suede sole)
4. Money for a drink
5. Never walk across the dance floor, always around

Venue Address

Venue	Address
Wing Village Hall	Main A418, 72 Leighton Road, Wing, LU7 0NN
Longueville Hall	Hammond Park, Whaddon Road, Newton Longville, MK17 0AT
Kents Hill Park Primary School	Timbold Drive, Kents Hill Park, Milton Keynes, MK7 6BZ
Oakgrove Primary School	Atlas Way, Oakgrove, Milton Keynes. MK10 9SG. Near the new Waitrose.
St Mary's Church Hall Woburn Sands	Aspley Hill, Woburn Sands, MK17 8NN
Winslow Public Hall	Elmfield Gate, Winslow, Bucks, MK18 3JR
Kempston Hammers Club	134 High Street, Kempston, Beds, MK42 7BN
The Chrysalis Theatre,	Camphill Community, Japonica Lane, Willen Park, Milton Keynes MK15 9JY
Silver Jubilee Hall	Hortonsfield Road, Yardley Gobion, Northants, NN12 7TW

There are many new and existing classes in the new term.

Plus, new beginners classes which are aimed at people whom would not class themselves as "Absolute Beginners".

If you would like to start dancing again or unsure which class is for you please call or email for a chat; info@adrianmarshschoolofdance.com

Facebook

Keep upto date with classes, events
visit: www.adrianmarshschoolofdance.com

We're also on Facebook Join our Group- Friends of Adrian Marsh School of Dance. Upload, chat and keep up to date!

send Ade & I your pictures, videos and contact details email:
info@adrianmarshschoolofdance.com

What, where when?...

What do I need to wear?

Wear anything that is comfortable, layers are best as it can get wear. Foot-wear should be a low or no heel and the sole of the shoe should be able to swivel on a wooden floor.

Do I need to bring anything?

No, just yourself!

Tea, coffee and biscuits is served during the tea break or before/after the class.

Can I come on my own?

Yes, you don't need a partner for line dancing. Most people come on their own and you'll soon get to know the other dancers and become friends.

Do I need to book?

No, all you need to do is turn up and pay on your arrival.

When can I join?

Now! We teach the dances every week. The start of term is every January, Easter, and September but you can join anytime and start learning to dance.

Term dates?

We teach every week. Our last day of dancing is Friday 20th December and start back after the Christmas break Monday 13th January 2020!!

You can learn to dance....

Line Dance

Reach Your 10,000 steps per day goal.



Join a Line Dance Class

We teach line dancing in the **mornings** and **evenings** classes. It is a great way to keep fit, in just one line dance class dance up to 6,000 steps.

Absolute Beginners Line Dance class Monday at Longueville Hall, Whaddon Road, Newton Longville, Milton Keynes, MK17 0AT. The class starts at 12:00 midday till 1:00pm.

Absolute Beginners Line Dance class Monday at Kents Hill Park Primary School, Milton Keynes, MK7 6BY. The class starts at 7:30pm – 8:30pm.

Absolute Beginners Line Dance class Tuesdays at Wing village Hall, Leighton Buzzard, LU7 0NN. The class starts at 12:00 midday till 1:00pm.

Plus you don't need a partner.

You will enjoy the music, its not all country music! We use pop, Latin, Irish and country tracks. It keeps your brain active and body moving we even have time for a mug of tea and a chat!!



Join a class see full timetable opposite or below:

Mondays with Adrian - Longueville Hall, nr Bletchley

Mondays with Sara—Kempston Hammers Club, Bedford

Mondays with Sara—Kents Hill Park Primary School, MK

Tuesdays with Sara - Wing Village Hall, LU7 0NN

Thursdays with Adrian - Winslow Public Hall,

Thursdays with Sara - St Marys Church Hall, Woburn Sands,

Fridays with Sara - Wing Village Hall, LU7 0NN

All you need to do is turn up and pay on arrival. £5.50 mornings and £6.00 in the evenings.



Longueville Hall, Newton Longville, MK17 0AT	Monday	Morning
Improvers Line Dancing	10:00am - 11:00am	
Beginners Line Dancing	11:00am—12:00	
Absolute Beginners Line Dancing	12:00 - 1:00pm	
Kempston Hammers Sports & Social Club,	Monday	Morning
Improvers Line Dancing	10:00am - 11:30am	
*New Absolute Beginners Line Dance starts Monday 13th January 2020	11:30am - 12:30	
Kents Hill Park Primary School, MK7 6BY	Monday	Evenings
*New Improvers Line Dancing	6:30pm—7:30pm	
*New Beginners Line Dancing	7:30pm—8:30pm	
Wing Village Hall	Tuesday	Morning
Improvers Line Dancing	10:00am - 11:00am	
Beginner/Improvers Line Dancing	11:00am—12:00	
Absolute Beginners Line Dancing	12:00 - 1:00pm	
Winslow Public Hall	Thursday	Morning
Improvers Line Dancing	10:00am - 11:00am	
Beginners Line Dancing	11:00am - 12:00	
*New Absolute Beginners Line Dance starts Thursday 16th January 2020	12:00—13:00	
St Mary's Church Hall, Woburn Sands	Thursday	Morning
Line Dancing Intermediates	10:00am - 11:00am	
Line Dancing Improvers	11:00am—12:00	
Line Dancing Beginners	12:00 - 1:00pm	
Wing Village Hall	Friday	Morning
Line Dancing Intermediates	9:30am - 11:00am	
Line Dancing Improvers	11:00am - 12:30	